



## **Code of Conduct (2023-2024 Season)**

Fernie Freestyle Club (“FFC”) expects its members, parents, and staff to behave in a courteous, sportsmanlike, and appropriate manner so as not to discredit FFC or cause any undue stress to other FFC members, staff, or members of the public. Coaches, athletes, and parents are required to review and sign this Code of Conduct prior to taking part in any FFC programs.

Fernie Freestyle Ski Club Mission Statement: “Our Mission is to develop athletes in a safe, fun and ethical manner in all disciplines of Freestyle Skiing/Snowboarding with qualified Freestyle Canada and Snowboard Canada Coaches”

FFC’s goal is to create skiers and snowboarders for life through freestyle snow programs that focus on skills in a fun, safe and challenging environment where the athletes learn from experienced FC/Snowboard Canada certified coaches. Our program is based on the Long-Term Athlete Development Plan outlined by Freestyle Canada and Canada Snowboard, which allows athletes to progress their freestyle skills with the Club.

FFC’s secondary objective is to create a strong and vibrant community of athletes, coaches, and parents. Our community is built through positive participation by athletes, coaches and parents in weekly training, competitions, social events, and volunteer efforts.

### **Athlete Responsibilities:**

1. Participate and commit fully to “one of the 5 levels of athlete progress training programs” as designed by the Program Director/Head Coach and FFC’s team of coaches (i.e., dryland, water ramp, on-snow, equipment care, nutrition, rest, etc.) giving 100% to the achievement of personal objectives and goals.
2. Clearly communicate personal goals and objectives for the season with coaches and regularly review performance against the personal goals. Adjusting those goals as required or advised.
3. Respect and honour all direction, decisions or other policies which may be developed and communicated by the club administration or coaching staff.
4. Wear an appropriate helmet while training on snow, water ramping or air bag.
5. Recognize personal limits, refraining from performing tricks the athlete is not physically or mentally prepared, qualified or has otherwise been advised against executing.
6. Ensure equipment is in sound working condition and suitably selected for terrain.
7. When free skiing or boarding, maintain control and safe speeds so not to scare or endanger other users. Athletes must obey all posted mountain signs and all verbal or written instructions received from the snow patrol, coaches and/or resort employees.

8. Refrain from alcohol, illegal drugs, banned performance enhancing drugs or supplements and from abusing prescription drugs at all FFC training, competitions, and sponsored events.
9. Address all concerns about individual or fellow athlete safety during training and competitions directly with a coach and Program Director/Head Coach.
10. Act as an ambassador for FFC and the sport of freestyle skiing and snowboarding by presenting oneself honourably and with integrity on and off the hill. Show courtesy and cooperation with coaches, fellow athletes, parents, officials, and employees while at all venues during training and competition.
11. Refrain from the use of inappropriate and disrespectful language.
12. Respect training facility property and equipment; ensuring bags, gear, personal items, and garbage are correctly stored or managed.
13. Assume responsibility for any damage an athlete may have caused directly, or indirectly, to any training facility, competition venue or accommodation.
14. As a Freestyle Canada or Canada Snowboard registered athlete, read, understand, and comply equally to their Code of Conduct and Ethics.
15. Adhere to Covid-19 protocols defined by the Provincial Health Officer, Provincial Sport Organization or as required by FFC.

### **Parent Responsibilities:**

1. Advocate for their child's best interests as they enter, participate in, and exit from the sport.
2. Promote and support athlete attendance at all required FFC activities.
3. Monitor their own expectations of their child's performance and progress, realizing that athletes who feel they cannot meet their parents' expectations may quickly lose motivation.
4. Communicate respectfully with coaches, Program Director/Head Coach and Board Directors.
5. In the case of program or coaching concerns, communicate first to the Program Director/ Head Coach who will guide the resolution process. Parents will refrain from taking program/ coaching concerns directly to the coach or interrupting the training plan,
6. We are a volunteer run organization and equal participation by all parents in supporting FFC is a club requirement. Commit to the specified fundraising activities that form part of the overall program.
7. Manage all financial obligations to the club, association, and the community in a timely and complete manner.
8. Communicate to coaches or Program Director/Head Coach any needs or changes arising from the athlete's personal life that may affect performance and/or behaviour.
9. Act as an ambassador for FFC and the sport of freestyle skiing and snowboarding by presenting oneself with integrity on and off the hill by showing courtesy and cooperation with coaches, athletes, fellow parents, officials and employees or customers of all ski areas and other venues during training and competition.
10. Respect and honour direction, decisions or other policies which may be developed and communicated by the club administration or coaching staff.
11. Parents must adequately supervise their children (or ensure a chaperone is present and responsible for the athlete) and ensure that facilities (training and accommodations) are treated with respect.
12. Follow all Covid-19 protocols or other future medical protocols required by Provincial Health Officer, Provincial Sport Organization, FFC or training facility. (If applicable)

### **Coach Responsibilities:**

1. Commit 100% to the program, training, and competition schedules and to coaching toward the personal goals of all athletes.
2. Ensure athlete safety is foremost in all trainings and competitions.
3. Set a positive example for athletes through timeliness, readiness to ski or board, condition of equipment and positive attitude.
4. Coach the athletes in a logical sequence, attending equally to all athletes in one's group and using all development tools available.
5. Ensure athlete personal goals are realistic, reevaluating and adjusting goals with the athlete as required throughout the season.
6. Communicate with parents on appropriate aspects of the team and individual athlete programs as required.
7. Act as an ambassador for FFC and the sport of freestyle skiing and snowboarding by presenting oneself with integrity on and off the hill by showing courtesy and cooperation with fellow coaches, athletes, parents, officials and employees or customers of all ski areas and other venues during training and competition.
8. Set a safety example for athletes by ensuring one's own equipment is in sound working condition, wearing suitable condition-specific equipment and by skiing or boarding suitably for the terrain and weather conditions. Coaches must also wear an appropriate helmet while coaching.
9. Act in accordance with the athlete's Code of Conduct as well as the Freestyle Canada and Canada Snowboard's Code of Conduct and Ethics.
10. Refrain from alcohol, legal or illegal drugs, banned substances and from abusing prescription drugs at all FFC training, competitions, events, and in the presence of athletes.
11. Refrain from the use of inappropriate and disrespectful language or directing use of such language toward anyone at any time.
12. Follow all Covid-19 protocols required by Provincial Health Officer, Provincial Sport Organization, FFC or training facility.

#### **Administration (Board and Program Director/Head Coach) Responsibilities:**

1. Develop policy and procedures to ensure athletes freestyle development is, at the outset, safe and athlete centered.
2. Promote, foster, and develop program philosophy and club culture for the betterment of all athletes, encouraging active involvement of club members as volunteers and potential Board of Directors
3. Ensure that the program is well clearly defined and communicated and understood by all parties and is available to all members via the web, email and/or other communication platform.
4. Employ a qualified, capable, and respected team of professional coaches to carry out program.
5. Conduct the affairs of FFC in an ethical, financially responsible, and transparent manner.

Athletes, parents, coaches, Program Director/Head Coach must agree to the above responsibilities and understand that Fernie Freestyle Club Board of Directors has developed this Code of Conduct to promote and protect the athletes, the FFC team and brand, the ski areas at which we train and compete and wider ski community at large. It is important for the reputation of the club that strong relationships with our partners be maintained through respectful and positive behaviour in adherence with this Code of Conduct.

All parties agree that any infringement of the above Code of Conduct responsibilities is grounds for disciplinary action from discussion and warnings through dismissal from events or from all activities for the remainder of the season:

1. First infraction of the code of conduct will result in a verbal warning from the Program Director/Head Coach to the athlete. The Program Director/Head Coach will also verbally inform the parent and the board of this infraction.
2. Second occurrence of infraction of the code of conduct will result in a meeting with the athlete, the parents, the Program Director/Head Coach, and a board member to determine a written plan of action to remediate the issue which may include the immediate expulsion of the athlete from the club with no refund of registration fees paid.

I have read and agree to the terms of the Fernie Freestyle Club's Code of Conduct.